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Monastero Santa Rosa Italy

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From its perch on a Conca dei Marini cliff edge, Monastero Santa Rosa has kept watch over Salerno bay since the 17th century.

Once a contemplative outlook for Dominican nuns to gaze across while pondering, three centuries and one faithful renovation have imbued the property with different purpose: the rustic Amalfi Coast retreat, situated between Amalfi and Positano, is now a sophisticated boutique resort and spa.

The dramatic scenery naturally commands centre stage for every stay. The windows of its 20 suites perfectly frame the masterpiece; the tiered gardens of Monastero are the perfect for a lunchtime stroll in glorious sunshine; on an late afternoon dip in the infinity pool, one gets drawn to the edge to witness the sunset paint this coastline with its resplendent palette.

Guests can also choose to admire the panorama from the terrace of Il Refettorio, the resort's Michelin-starred restaurant. Chef Christoph Bob was recently awarded for his interpretation of local Campania cuisine with Mediterranean soul, using carefully selected vegetables and herbs from the organic garden in the grounds.

The vaulted ceilings, mosaics and stone walls of the spa – excavated from the naked rock – create an admittedly beautiful environ for a spot of pampering.

But should the call of the ocean still not be resisted, The Spa Garden of Wellness promises open air treatments performed under a pergola, overlooking the sea.

Despite a modern approach to luxury, heritage has been loyally respected. The abodes, for example, whose décor is punctuated by thoughtfully chosen antique pieces, derive their names of medicinal herbs still cultivated in the large gardens of the property today.

With an elite culinary offering, breathtaking views, and gardens perfumed by wafts of lemon, rosemary, jasmine and aromatic herbs, every moment at Monastero promises to be divine. It's a dreamy slice of Italian summers bliss.

Land into Naples Capodichino, then avail a private transfer from one of the hotel's luxury fleet. Alternatively, arrive by helicopter (flying over Naples and Mount Vesuvius), landing at nearby Sorrento or Ravello.
monasterosantarosa.com